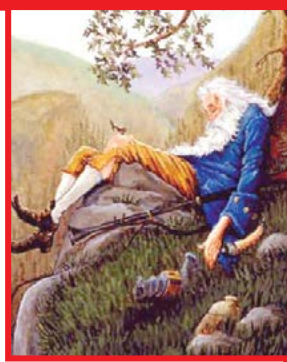




# The 40th Anniversary Hudson Valley Respiratory Care & Sleep Medicine Conference



**Wednesday, October 2<sup>nd</sup>, 2019**

**10 CRCEs, 10 CSTE<sup>s</sup> AND 10 CECs  
IN 1-DAY - \$225**

**Poughkeepsie Grand Hotel & Conference Center**  
40 Civic Center Plaza Poughkeepsie, NY 12601  
845-485-5300      [www.PokGrand.com](http://www.PokGrand.com)

Don't Miss this  
40th Anniversary  
Conference



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Conference



**\$225 REGISTRATION FEE INCLUDES ALL LECTURES, EXHIBIT HALL, CONTINENTAL BREAKFAST, LUNCHEON, AFTERNOON SNACK BREAK AND DOOR PRIZES.**

- 10 LECTURES IN RESPIRATORY CARE
- 10 LECTURES IN SLEEP MEDICINE • EXHIBIT HALL
- DOOR PRIZES • BREAKFAST, LUNCH & BREAKS INCLUDED
- \$225 ALL-INCLUSIVE FEE • MILITARY/STUDENT DISCOUNTS

*Register either online or via the form in this brochure*

**800-661-5690**

**[www.Foocus.com](http://www.Foocus.com)**

Dear Colleague,

Welcome to the Hudson Valley 2019 Respiratory Care & Sleep Medicine Conference, at the beautiful Poughkeepsie Grand Hotel and Conference Center in Poughkeepsie, NY.

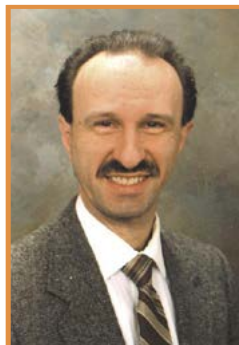


For this special 40th Anniversary, we've compiled ten interesting and pertinent lectures for respiratory therapists and 10 lectures for sleep technologists all being presented by some of the profession's most esteemed speakers.

The topics are pertinent and were all chosen to enable attendees to take practical information back to their respective health care settings. The conference will also feature exhibitors presenting the latest in equipment and services. Drop by their booths to see their products and enter the raffles many of them will be holding.

Of course, in addition to being an educational forum, let us not overlook the social aspects of what has become an annual Fall tradition. Old and new colleagues reuniting at a great time of year (Fall foliage will be in bloom) to learn, network and socialize. See you there !

*Warm Regards,  
Bob Miglino RRT BSRT MPS - Focus Conference Chairman*



Michael Aiello RRT  
1950 - 2008  
Co-Chairman Emeritus of the Focus Fall 2019  
Respiratory Care & Sleep Medicine  
Conference

## REGISTRATION AND GENERAL INFORMATION

Register for this conference online ([www.Foocus.com](http://www.Foocus.com)) or use the registration form found on page 7. The early discounted registration deadline is September 25, 2019. **Registration after September 25, 2019 and at the door, is available for an additional \$50 fee.** Register early to ensure your place and to save money. Note our military and student discounts and take advantage of them if they apply to you.

Because of non-refundable commitments made to the hotel, NO refunds will be made after September 25, 2019, for any reason. Cancellations made *before* September 25, 2019 will be assessed a \$25 processing fee.

## DOOR PRIZES

Focus Conferences are well known for their door prizes throughout the day but at this special 40th Anniversary event the Door Prizes will be extra special. Is this *your* lucky year?

## CRCE, CSTE and CEC Contact Hours

Lectures will be approved by the American Association for Respiratory Care (AARC) for CRCE credits, the Board for Registered Polysomnographic Technologists (BRPT) for CSTE credits and the American Association of Sleep Technologists (AAST) for CECs.

## QUESTIONS?

Contact Bob Miglino via E-mail: [BobM@Foocus.com](mailto:BobM@Foocus.com)

## RESERVATIONS AT THE POUGHKEEPSIE GRAND HOTEL (845) 485-5300 [www.PokGrand.com](http://www.PokGrand.com)

The GPS address of the Poughkeepsie Grand Hotel is: 40 Civic Center Plaza Poughkeepsie, NY 12601. Parking is in the hotel's underground lot and is free of charge (after validation). A block of rooms has been held for people who wish to stay the night *before* the conference. The rate is \$99/N plus tax. Call (845) 485-5300 to make reservations. Tell the reservation clerk you are attending the Focus Conference. For directions from NYC, Albany, Long Island, CT, NJ, MA and PA, visit the Hotel's website at [www.PokGrand.com](http://www.PokGrand.com).



## RESPIRATORY THERAPY LECTURE AGENDA

- 7:00am REGISTRATION, EXHIBITS, BREAKFAST
- 7:45am WELCOME
- 7:50am Lecture #1 – Cindy Bravo Sanchez RRT-NPS  
*Quality & Patient Safety in Respiratory Care*
- 8:50am Lecture #2 – Michael McPeck RRT FAARC  
*Aerosol Delivery During Mechanical Ventilation*
- 9:50am Exhibits & Coffee
- 10:15am Lecture #3 – Angela Lorenzo RRT RPFT  
*Asthma and the Child Involved in Athletics*
- 11:15am Lecture #4 – Michael McPeck RRT FAARC  
*Worth its Salt – Hypertonic Saline Treatments Revisited*
- 12:15pm Lecture #5 – Ken Capek MPA, RRT  
*Smoking, Vaping and Addiction*
- 1:15pm Lunch/Exhibits
- 2:30pm Lecture #6 – Angela Lorenzo RRT RPFT  
*Bedside Spirometry and the Acute Care RT*
- 3:30pm Lecture #7 – Maurice Sinclair MS, RRT-NPS, CPFT, ACCS  
*Lactic Acidosis “Type A & B”*
- 4:30pm 15 minute bathroom break
- 4:45pm Lecture #8 – Ken Capek MPA, RRT  
*Bad Ethical Choices*
- 5:45pm Lecture #9 – Maurice Sinclair MS, RRT-NPS, CPFT, ACCS  
*Fever In the ICU - More Than Just An Infection – Part 1*
- 6:45pm Lecture #10 – Maurice Sinclair MS, RRT-NPS, CPFT, ACCS  
*Fever In the ICU - More Than Just An Infection – Part 2*

## SLEEP MEDICINE LECTURE AGENDA

- 7:00am REGISTRATION, EXHIBITS, BREAKFAST
- 7:45am WELCOME
- 7:50am Lecture #1 – Kathryn Hansen R EEGT CPC  
*Opioids & Respiratory Depression; The Impact on the Sleep Study*
- 8:50am Lecture #2 – Meir Kryger MD  
*Dreaming in Color – The Sleep and Art Connection*
- 9:50am Coffee and Exhibits
- 10:15am Lecture #3 – Kathryn Hansen R EEGT CPC  
*The AASM Quality Metrics and Latest OSA Practice Guidelines*
- 11:15am Lecture #4 – Meir Kryger MD  
*The Past, Present and Future of Sleep Medicine*
- 12:15pm Lecture #5 – Kathryn Hansen R EEGT CPC  
*CCSH Professionals - Contributions They Can Make to A Sleep Lab*
- 1:15pm LUNCH & EXHIBITS
- 2:30pm Lecture #6 – David Rapoport MD  
*Conducting CPAP and Bi-Level Titrations – Practical Issues*
- 3:30pm Lecture #7 – Steven Thau MD  
*Metabolic Effects on Sleep*
- 4:30pm 15 minute bathroom break
- 4:45pm Lecture #8 – David Rapoport MD  
*CPAP and Variants – How Do They Work*
- 5:45pm Lecture #9 – Steven Thau MD  
*2019 Update on The Pharmaceutical Rx. of Sleep Disorders – Part 1*
- 6:45pm Lecture #10 – Steven Thau MD  
*2019 Update on The Pharmaceutical Rx. of Sleep Disorders – Part 2*

# CONFERENCE FACULTY

**David Rapoport MD** - is Director of Research in Integrative Sleep Medicine at the Icahn School of Medicine at Mount Sinai Hospital in NYC. He has a long-standing interest in the physiology of sleep disordered breathing and was one of the early contributors to the development of nasal CPAP as a treatment for sleep apnea. He holds multiple patents for improvements on nasal CPAP. Dr. Rapoport is also the founder and President of the Foundation for Research in Sleep Disorders and he is on the Medical Advisory Board of the American Sleep Apnea Association.



**Michael McPeck BS RRT FAARC** – entered “inhalation therapy” as an OJT in 1965. He lives and works in Stony Brook, NY continuing his 53-year career in respiratory care at Stony Brook University Medical Center where he works in the aerosol research laboratory. He also continues to consult as a respiratory care clinical educator to medical device companies. He presents locally, nationally and internationally. He was awarded the prestigious FAARC honor in 1995.



**Ken Capek MPA, RRT** – is a veteran therapist of 44 years and the Director of Cardiopulmonary and Support Services at New Bridge (Bergen Regional) Medical Center in Paramus, NJ. He established the first Emergency Hyperbaric Oxygen Therapy Program in NJ. He is the Chairman of the New Jersey State Licensure Board of Respiratory Care and Chairman of the Advisory Committee at Bergen County Community College.



**Maurice Sinclair MS, RRT-NPS, CPFT, ACCS** – has been a RRT and educator for 10 years. He received his ASRT degree from Manhattan Community College and worked as an RT at Jacobi Medical Center in the Bronx. Simultaneously he earned a BS degree in Health Care Administration and a Master’s Degree in Hospital Administration from Independence University. He is an Associate Professor of Respiratory Therapy at Long Island University in Brooklyn.



**Angela Lorenzo BSRT RRT RPFT** – was a veteran registered respiratory therapist as well as a registered pulmonary function technologist who just retired from the Veterans Administration hospital in New York City in early 2019 after a career spanning 44 years. She remains an adjunct professor at both Long Island University’s BSRT program in Brooklyn NY and at the Borough of Manhattan’s Community college AS degree program in NY City.



**Dr. Steven Thau MD** – graduated from the Albert Einstein School of Medicine in Bronx New York. He completed his fellowship training in Pulmonary, Critical Care and Sleep Medicine at Yale University Hospital. He is board certified in four specialties: Internal Medicine, Pulmonary Diseases, Critical Care Medicine and Sleep Medicine. He is the Pulmonary and Sleep Medical Director at Phelps Memorial Hospital in Sleepy Hollow NY.



**Meir Kryger MD, FRCPC** – is a professor at Yale University school of Medicine. Previously, he was Director of Research at Gaylord Sleep Medicine in Connecticut and the Director of the Sleep Disorders Centre at St. Boniface Hospital. He is the chief editor of the main textbook used in sleep medicine today, *The Principles and Practice of Sleep Medicine*, now in its 5th edition. He has served as president of the Canadian Sleep Society and the American Academy of Sleep Medicine.



**Kathryn Hansen R EEGT CPC**– is a senior advisor with the Sleep Center Management Institute and President of the Sleep Education Services Institute in Atlanta Georgia and Lexington Kentucky. She is also the Executive Director of the Kentucky Sleep Society and has worked academically and clinically as Director of the Sleep Center at St. Joseph Healthcare in Lexington Kentucky. She is also a member of the adjunct faculty with the Kentucky Community and Technical College system.



**Cindy Bravo Sanchez BSRT MPA RRT-NPS** – is an Assistant Professor and Director of Clinical Education at Long Island University in Brooklyn, NY. She teaches clinical experience courses which include laboratory exercises dealing with adult and neonatal critical care procedures. She is also trained in high fidelity simulation technology which offers students a chance to practice critical thinking skills in the laboratory for use later in acute clinical care settings.



**Hudson Valley RT/Sleep Conference October 2nd, 2019**  
**The Poughkeepsie Grand Hotel in Poughkeepsie, New York**

**40th ANNIVERSARY RT & SLEEP MEDICINE CONFERENCE**

You may duplicate this form, but please use only **one form per person** when registering.

\_\_\_ I will primarily be attending the Respiratory Care track of lectures, but realize I may mix/match between both tracks to earn my total respiratory credits (CRCEs).

September 25 or before, \$225 \_\_\_ After September 25 or on-site \$275 \_\_\_

\_\_\_ I will be attending the Sleep track of lectures to earn my CSTEs and/or CECs.

September 25 or before, \$225 \_\_\_ After September 25 or on-site \$275 \_\_\_

Name \_\_\_\_\_ Primary Credential (**one** credential please) \_\_\_\_\_

**Job Title:**  Hospital Staff Respiratory Therapist,  RT Department Director,  RT Assistant Director, Supervisor or Clinical Coordinator,  RT Homecare Manager,  Homecare Staff Therapist,  RT School Program Director,  RT School Faculty Member,  Sleep Lab Staff Technologist,  Sleep Lab Manager,  Sleep Program Director or Faculty Member  Other Title \_\_\_\_\_

Home Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Employer \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_

E-Mail Address (**required for confirmation**) \_\_\_\_\_

AARC # (if applicable) \_\_\_\_\_ BRPT # \_\_\_\_\_ AAST # \_\_\_\_\_ CE Broker # \_\_\_\_\_

\_\_\_ I require a vegetarian lunch \_\_\_ I require a vegan lunch \_\_\_ I require a Gluten free lunch

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**Don't miss our 40th Anniversary  
Conference - 10/2/2019  
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