



FOCUS COMES TO THE NORTHEAST



Friday, September
25th, 2020

The FOCUS Respiratory Care,
Pulmonary Function & Sleep Medicine Conference

10-13 CRCEs, CSTE's & CECs IN 1-DAY - \$225

The Red Lion Hotel
205 Wolf Road Albany, NY 12205
518-533-1720

1st time
in the
Northeast in
5 years!



\$225 REGISTRATION FEE INCLUDES ALL LECTURES AND BONUS WORKSHOP, EXHIBIT HALL, CONTINENTAL BREAKFAST, LUNCHEON, SNACK BREAKS AND DOOR PRIZES.

- 10 CRCEs IN RESPIRATORY CARE • 10 PFT-specific CRCEs
- 10 CECs & CSTE's IN SLEEP MEDICINE
- EXHIBIT HALL • DOOR PRIZES • BREAKFAST, LUNCH & BREAKS INCLUDED • MILITARY/STUDENT DISCOUNTS
- 3 CREDIT BONUS WORKSHOP (details on page 3)

*Register online (www.Foocus.com) or via the form in
this brochure*

800-661-5690

www.Foocus.com

Welcome to the 2020 FOCUS conference taking place in the Northeast for the 1st time in 5 years!

The Focus conference is an event that is fun, drive-able, affordable and time-efficient; and where attendees can obtain 10-13 credits in just one day. For 2020, we've added a new track of PFT-specific lectures enabling those in Pulmonary Diagnostics to attain their needed credits. Carl Mottram, Jim Sullivan and Angela Lorenzo will be presenting our PFT lectures while RTs will hear fascinating lectures by Ken Miller, Steve Carey and Lisa Shultis. Sleep Techs will learn from Catherine Kier, Joseph Anderson and Steven Thau – all top-notch, engaging speakers. New for 2020, is a 3-credit workshop on *Patient Safety*, *Infection Control* and *Medical Ethics*, which will be presented the night before the conference starts. It is free of charge to registered attendees and allows one to earn up to 13 credits, in total. (Focus will provide free pizza and soft drinks at this workshop, as well). Three rooms of lectures; 33 lectures in all, and attendees can mix any of the 33 to obtain their 10-13 credits in total.



We've chosen the Red Lion Hotel in Albany NY for the conference, which is providing rooms for only \$79 per night the night *before* and the night *of* the conference with free parking. Driving is easy. Simply take the NY State Thruway to EXIT 24 then I-87 North for 5 minutes to Exit 4. The hotel is just 6 blocks from that exit. Come in early or perhaps stay a night afterward to enjoy the hotel's excellent restaurant, bar and a bit of Albany. Bring your bathing suit as well, because the hotel has a nice indoor pool.

The conference will also feature exhibitors presenting the latest in equipment and services, and Focus will provide breakfast along with breaks and a nice sit-down lunch, included in everyone's registration fee. There are also military and student discounts.

Here's your chance to attend a national caliber conference economically and in just 1 day, close to home during beautiful Fall foliage season. Focus conferences are the largest of their kind in the country (after the AARC Congress), larger than any state show and always features nationally renowned speakers. Tired of the same old speakers and old lectures? If you've never been to a Focus conference, seize the opportunity to join us, either again, or, for the first time. Great academia and value have been the driving forces of this event for 26 years. We hope you'll join us. Please spread the word.

Warm Regards,
Bob Miglino RRT BSRT MPS - Focus Conference Chairman

REGISTRATION AND GENERAL INFORMATION

Register for this conference online (www.Foocus.com) or use the registration form found on page 7. Register early to ensure your place. Note our military and student discounts and take advantage if they apply.

Because of non-refundable commitments made to the hotel, NO refunds will be made after September 15, 2020, for any reason. Cancellations made *before* September 15, 2020 will be assessed a \$35 processing fee.

DOOR PRIZES

Focus Conferences are well known for their amazing door prizes throughout the day. Is this *your* lucky year?

CRCE, CSTE and CEC Contact Hours

Lectures will be approved by the AARC for CRCE credits, the BRPT for CSTE credits and the AAST for CECs.

QUESTIONS?

Contact Conference Chairman Bob Miglino RRT MPS via E-mail at BobM@Foocus.com

RESERVATIONS AT THE RED LION HOTEL

518-533-1720 www.redlion.com

The GPS address of the Red Lion Hotel is: 205 Wolf Road, Albany, NY 12205. On-site parking at the hotel is free of charge. A block of rooms has been held for people who wish to stay the night *before* or the night *of* the conference. The rate is \$79/N plus tax. Call 518-533-1720 to make reservations. Tell the reservation clerk you are attending the Focus Conference.



FREE, BONUS 3 CREDIT WORKSHOP

Medical Ethics, Patient Safety & Infection Control

Presented by ***Kenneth Capek MPA RRT*** Thursday 9/24/20 – 6:30pm – 9:30pm
(the night *before* the conference begins)

FOCUS will provide a snack of pizza and soft drinks free of charge to attendees of this workshop

RESPIRATORY THERAPY LECTURE AGENDA

- 7:00am REGISTRATION, EXHIBITS, BREAKFAST
7:45am WELCOME
7:50am Lecture #1 – Ken Miller RRT-ACCS, NPS, FAARC
Conventional and Non-Conventional Management of Asthma
8:50am Lecture #2 – Ken Capek MPA, RRT
Smoking, Vaping and Addiction
9:50am Exhibits & Coffee
10:15am Lecture #3 – Stephen Carey Ph.D RRT
Reducing Unnecessary Treatments - A Profession-Wide Problem
11:15am Lecture #4 – Lisa Shultis M.Ed BSRT RRT
The Use of Medical Gases in Neonatal & Pediatric Care
12:15pm Lecture #5 – Ken Miller RRT-ACCS, NPS, FAARC
2020 Update on Highly Infectious Respiratory Diseases
1:15pm Lunch/Exhibits
2:30pm Lecture #6 – Lisa Shultis M.Ed BSRT RRT
Using Clinical Formulas at the Bedside
3:30pm Lecture #7 – Ken Miller RRT-ACCS, NPS, FAARC
Sepsis, The Spiral of Doom
4:30pm 15 minute bathroom break
4:45pm Lecture #8 – Lisa Shultis M.Ed BSRT RRT
Pediatric Respiratory Emergencies
5:45pm Lecture #9 – Stephen Carey Ph.D RRT
Silent Aspiration in COPD Patients – Part 1
6:45pm Lecture #10 – Stephen Carey Ph.D RRT
Silent Aspiration in COPD Patients – Part 2

SLEEP MEDICINE LECTURE AGENDA

- 7:00am REGISTRATION, EXHIBITS, BREAKFAST
7:45am WELCOME
7:50am Lecture #1 – Joseph Anderson CCSH, RPSGT, RST
Overlap Syndrome – The Relationship between COPD and Sleep Apnea
8:50am Lecture #2 – Steven Thau MD
Complex Sleep Patients – Are You Up to the Challenge?
9:50am Coffee and Exhibits
10:15am Lecture #3 – Catherine Kier MD
Sleep Disordered Breathing: Differences/Similarities in Pediatric & Adult Patients
11:15am Lecture #4 – Steven Thau MD
RLS: What is Ferritin and Why is It so Important ?
12:15pm Lecture #5 – Joseph Anderson CCSH, RPSGT, RST
Obesity Hypoventilation

- 1:15pm LUNCH & EXHIBITS
- 2:30pm Lecture #6 – Catherine Kier MD
Neuro-Chemistry in Sleep and its Clinical Manifestations
- 3:30pm Lecture #7 – Joseph Anderson CCSH, RPSGT, RST
Marketing Your Sleep Lab and Its Services
- 4:30pm 15 minute bathroom break
- 4:45pm Lecture #8 – Catherine Kier MD
Sleep in Women
- 5:45pm Lecture #9 – Steven Thau MD
2020 Update on The Pharmaceutical Rx. of Sleep Disorders – Part 1
- 6:45pm Lecture #10 – Steven Thau MD
2020 Update on The Pharmaceutical Rx. of Sleep Disorders – Part 2

PULMONARY DIAGNOSTICS AGENDA

- 7:00am REGISTRATION, EXHIBITS, BREAKFAST
- 7:45am WELCOME
- 7:50am Lecture #1 – James Sullivan BS, RPFT
The Finer Points of Pulmonary Function Testing
- 8:50am Lecture #2 – Angela Lorenzo RRT, RPFT
Developing Competencies in the PFT Lab
- 9:50am Coffee and Exhibits
- 10:15am Lecture #3 – Carl Mottram RRT, RPFT, FAARC
What's Up with PFL Accreditation – What Should I be Doing ?
- 11:15am Lecture #4 – James Sullivan BS, RPFT
Maximizing Effort, Comprehension and Coordination During PF Testing
- 12:15pm Lecture #5 – Angela Lorenzo RRT, RPFT
Interesting PFT Case Studies
- 1:15pm LUNCH & EXHIBITS
- 2:30pm Lecture #6 – Carl Mottram RRT, RPFT, FAARC
Airway Challenge Tests – Are They Really a Challenge?
- 3:30pm Lecture #7 – Carl Mottram RRT, RPFT, FAARC
The 6 Minute Walk Test – What Can Be Learned after Just 6 Minutes?
- 4:30pm 15 minute bathroom break
- 4:45pm Lecture #8 – Angela Lorenzo MS, RRT, RPFT
Accurately Measuring Airway Resistance in the PF Laboratory
- 5:45pm Lecture #9 – James Sullivan BS, RPFT
Plethysmography From A to Z Part 1
- 6:45pm Lecture #10 – James Sullivan BS, RPFT
Plethysmography From A to Z Part 2

CONFERENCE FACULTY

Ken Miller RRT-ACCS, NPS, FAARC – is a veteran RRT of 46 years who has worked primarily in ICU environments. Today, he is the clinical educator of the RT Dept. at the Lehigh Valley Health Network in Pennsylvania. He has authored several articles. He has also presented at the local and national levels and became a Fellow of the AARC in 2015.



Steven Carey Ph.D RRT – is from Nashville, TN. He holds a PhD in Education and is a veteran RRT with 32 years of experience in a variety of settings. Dr. Carey has taught Respiratory Care at Tennessee State University for 13 years as a tenured assistant professor and he maintains a position as a staff Therapist at Williamson Medical Center.



Ken Capek RRT MPA – is an RRT of 45 years and Director of Cardiopulmonary Services at Bergen Medical Center in Paramus NJ. He is chairman of the NJ Licensure board and chairman of the Advisory board for the RT program at Bergen Community College. Ken established the 1st Hyperbaric Oxygen Program in NJ.



Lisa Shultis M.Ed, BSRT, RRT – is a veteran RRT with extensive experience in clinical practice, pulmonary function, management and education. She is the Program Director for Long Island University's BSRT program in Respiratory Care in NY City. She was previously involved in the implementation of two AS degree programs in New York.



Angela Lorenzo BSRT, RRT, RPFT – is a veteran RRT/ RPFT who retired in 2019 after a career of 44 years running the PFT lab at the VA hospital in NYC. An expert on PF testing, she remains an adjunct professor at both Long Island University's BSRT program and at the Borough of Manhattan Community College's program.



Dr. Steven Thau MD – graduated from the Albert Einstein College of Medicine. He is board certified in 4 specialties: Internal Medicine, Pulmonary Diseases, Critical Care Medicine & Sleep. He is the Pulmonary and Sleep Medical Director at Phelps Hospital in Sleepy Hollow NY and has been a favorite speaker of Focus attendees for 5 years now.



Joseph Anderson CCSH, RPSGT, RST – is multi-credentialed in Sleep, Sleep Education, Respiratory Therapy & Pulmonary Function. He has authored numerous RT and Sleep publications. Currently, he serves as the Clinical Manager of Sleep, EEG, and Hyperbaric Medicine for SOVAH Health in Martinsville, Virginia.



Catherine Kier MD – is board certified in Pediatrics, Pediatric Pulmonary Medicine and Sleep Medicine, and is Professor of Pediatrics at the SUNY School of Medicine in Stony Brook NY as well as the Director of the Sleep Disorders Center at the University's Medical Center. We are honored to have this engaging speaker with us this year.



Jim Sullivan BS RPFT – has practiced pulmonary diagnostics for 35 years, and is the Supervisor of the Memorial Sloan-Kettering Pulmonary Lab in NY City. An outstanding educator, Jim presents at numerous national conferences each year. Our PFT attendees will glean much from his presentations. We are honored to have him with us.



Carl Mottram RRT, RPFT, FAARC – is a renowned expert in Pulmonary Diagnostics. He was the Director of the Mayo Clinic PF Laboratory and an Associate Professor of Medicine who now serves as President of the CLSI and as chairman of the NBRC's PFT Exam committee. He lectures worldwide and is editor of the "bible" of PF testing; *Ruppel's Manual of Pulmonary Function Testing*.



FOCUS - U.S. North-Eastern Region Conference
The Red Lion Hotel, Albany NY

RT, Pulmonary Diagnostics & Sleep Medicine Conference
September 25th, 2020 - \$225

You may duplicate this form, but please use only **one form per person** when registering.

___ I will primarily be attending the Respiratory Care track of lectures, but realize I may mix/match between all three tracks of lectures to earn my total credits (CRCEs).

___ I will primarily be attending the Sleep track of lectures, but realize I may mix/match between all three tracks of lectures to earn my total credits (CSTEs and/or CECs).

___ I will primarily be attending the PFT track of lectures, but realize I may mix/match between all three tracks of lectures to earn my total credits (CSTEs and/or CECs).

Name _____ Primary Credential (one credential please) _____

Job Title: Hospital Staff RT or PF Tech RT Department Director, RT Assistant Director, Supervisor or Clinical Coordinator, RT Homecare Manager, Homecare Staff Therapist, RT School Program Director, RT School Faculty Member, Sleep Lab Staff Technologist, Sleep Lab Manager,
 Sleep Program Director or Faculty Member Other Title _____

Home Address _____

City/State/Zip _____

Employer _____

Home Phone (_____) _____

Personal E-Mail Address (required for confirmation) _____

AARC # (if applicable) _____ BRPT # _____ AAST # _____ CE Broker # _____

___ I require a vegetarian lunch ___ I require a vegan lunch ___ I require a Gluten free lunch

ACTIVE & RESERVE/VETERANS AND STUDENTS may take a \$25 discount on the above rates. Students are those who do not work for salary or possess credentials. Students must have this registration form signed by their school program director below. All claiming our military discount must include a copy of their military ID card or a copy of their DD 214 discharge form with this registration form.

Name of School _____ Program Director Signature _____

Make checks payable to: Focus Publications, Inc.
22 South Parsonage St. Rhinebeck, NY 12572

PAYMENT BY CREDIT CARD – VISA, MASTERCARD & AMEX

(A charge will appear on your Credit Card Statement from Focus Publications, Inc.)

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Signature _____

NO refunds will be made after 9/15, 2020 for any reason. All refunds will be assessed a \$35 processing fee.

**FOCUS Publications, Inc.
22 South Parsonage Street
Rhinebeck, NY 12572**

**Don't miss the annual FOCUS
Conference taking place in the North
East for the 1st time in 5 years !**

**September 25th, 2020
Albany, NY**

